

April - October 2017

Dates week commencing

17th April, 8th May, 5th June, 26th June, 17th July, 4th Sept, 25th Sept, 16th Oct

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pork Sausage Hot Dog with Onions	Beef Pasta Bolognese	Roast Chicken, Mashed Potatoes/Roast Potatoes with gravy	Oriental Sticky Salmon Wrap	Fish Fingers & Chips/Rice
Option 2	Vegetarian Hot Dog with Onions	Vegetarian Pasta Bolognese	Roast Soya Fillet Strips & Gravy with Mashed Potatoes/Roast Potatoes	Margherita Pizza	Homemade Mixed Bean & Cheese Burger & Chips/Rice
Alternative Option	Jacket Potato with various fillings	Jacket Potato with various fillings	Jacket Potato with various fillings	Jacket Potato with various fillings	Jacket Potato with various fillings
Vegetables	Broccoli Sweetcorn	Peas Coleslaw	Carrots Green Vegetable Medley	Sweetcorn Broccoli	Peas Baked Beans
Dessert of the day	Flapjack	Apple Cake with Custard	Strawberry Jelly & Ice Cream	Chocolate Pudding & Custard	Oat Dream Cookie

Dates week commencing

24th April, 15th May, 12th June, 3rd July, 11th Sept, 2nd Oct

Option 1	Tuna Pasta Bake	Cottage Pie	Roast Turkey, New Potatoes/Roast Potatoes with gravy	BBQ Chicken Pizza	Battered Fish & Chips/Rice
Option 2	Vegetable Chow Mein	Macaroni Cheese	Vegetable & Butterbean Gratin with Roast Potatoes	Margherita Pizza	Sticky Quorn Sausages & Chips/Rice
Alternative Option	Jacket Potato with various fillings	Jacket Potato with various fillings	Jacket Potato with various fillings	Jacket Potato with various fillings	Jacket Potato with various fillings
Vegetables	Broccoli Mixed Vegetables	Peas Carrots	Green Beans Broccoli	Sweetcorn	Peas Baked Beans
Dessert of the day	Frozen Toffee Yoghurt	Chocolate Cookie	Pineapple Upside Down Sponge & Vanilla Sauce	Jelly & Peaches	Chocolate Sponge & Custard

Dates week commencing

1st May, 22nd May, 19th June, 10th July, 18th Sept, 9th Oct

Option 1	Chicken Fajitas	Pork Sausage & Wedges	Roast Beef with Mashed Potatoes/Roast Potatoes with gravy	Tuna & Sweetcorn Potato Boats	Fish Fingers & Chips/Rice
Option 2	Cheese & Tomato Spaghetti	Mexican Rice Wrap	Vegetarian Sausage, Mashed Potatoes/Roast Potatoes with gravy	Margherita Pizza	Quorn Puff with Chips/Rice
Alternative Option	Jacket Potato with various fillings	Jacket Potato with various fillings	Jacket Potato with various fillings	Jacket Potato with various fillings	Jacket Potato with various fillings
Vegetables	Green Vegetable Medley	Sweetcorn Grilled Tomato	Carrots Leeks & Green Beans	Peas Cauliflower	Peas Baked Beans
Dessert of the day	Iced Bun	Apple Crumble & Custard	Fruit Salad & Yoghurt	Orange Shortbread	Marble Sponge



Feeding Hungry Minds

The following are available daily: Freshly prepared salad bar containing 4-6 choices (minimum of 3 with no dressing)
Selection of seasonal fresh fruit and low fat yoghurts
Chilled water
The carbohydrate is incorporated in the whole dish unless otherwise stated