

ACL

SUPPORTING FAMILIES



In partnership with Essex ActivAte, ACL Essex Community and Family Learning are offering a “family element” based on themes that are important to parents and children. You can view the full programme below. **Scan the QR codes to book!**

FIRST AID



Scan here for a wealth of information, links and important information on keeping your families safe this summer

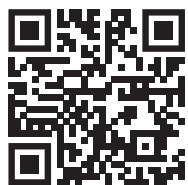


Scan here to book onto a LIVE online session
Week commencing 26th July 2021

FAMILY WELLBEING



Scan here for information on family wellbeing for parents, children and young people, with links to further support

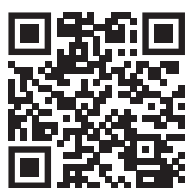


Scan here to book onto a LIVE online session
Week commencing 2nd August 2021

HEALTHY LIFESTYLES



Scan here for a healthy lifestyles top tips, information and videos



Scan here to book onto a LIVE online session
Week commencing 9th August 2021

BUDGETING/ FINANCIAL WELLBEING



Scan here for budgeting and financial wellbeing by age; early years, primary, secondary and for adults



Scan here to book onto a LIVE online session
Week commencing 16th August 2021



SUPPORTING YOUR CHILD - TRANSITION TO SCHOOL/PARENTING SUPPORT



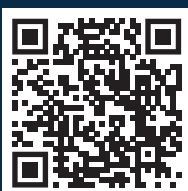
Scan here for all things to help parents/carers/guardians and grandparents with supporting your children and young people over the summer with lots of ideas and FREE videos



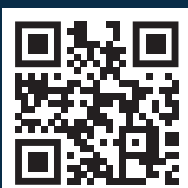
Scan here to book onto a LIVE online session
Week commencing 23rd August 2021



Make sure to visit our Facebook Group 'ACL Essex Community & Family Learning' for updates, activities and courses!



Scan here to visit the ACL Community and Family Learning website



Scan here to visit the ACL website

In partnership with



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